



Buying organic and local food

The case of sustainable food procurement demonstrates a holistic approach to purchasing. With careful preparation social, environmental and economic benefits can be integrated into purchasing decisions.

Case study: Royal Brompton Hospital

Royal Brompton Hospital (RBH) is a specialist heart and lung hospital based in London. As part of the London Hospital Food Project the hospital has aimed to purchase at least 10% of its food from local/organic sources.

The Hospital Food Project recognizes the link between nutritional food, such as organically produced fruit and vegetables, and health benefits. Local and organic food can also have wider benefits to the environment and economy. By sourcing tastier food the hospital has been able to cut down on waste going to landfill. Transport related impacts often associated with food, such as carbon emissions have also been cut. Additionally, economic benefits to the local economy have also occurred: by choosing local suppliers more money is retained in the area.

Achievements

- 14% of its food is purchased from local and organic issues.
- Influence people's dietary choices so they make sustainable consumption choices.

Source: NISP, SDC